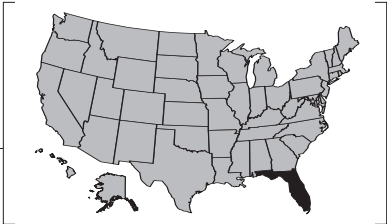


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Florida

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	14.4
Age 10-11	21.9	23.2
Age 12-14	14.4	15.1
Age 15-17	10.7	7.7
0-99% Federal poverty level	22.4	25.8
100-199% Federal poverty level	19.0	14.0
200-399% Federal poverty level	13.7	12.3
400% Federal poverty level or more	9.1	9.1
Male	18.1	19.5
Female	11.5	9.2
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	68.9
Age 10-11	78.2	78.3
Age 12-14	74.2	71.8
Age 15-17	63.3	59.1
Male	76.8	76.9
Female	65.6	60.3
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	50.1
Age 10-11	61.5	47.2
Age 12-14	61.6	55.9
Age 15-17	53.4	45.5
Male	62.1	54.6
Female	55.0	45.2
Percent of children with at least one parent who exercises regularly	72.9	74.3